



## HEALTHCARE RIGHTS IN THE EU PART TWO

### Posted Abroad on Short Stay (Two Years)

#### As a worker posted abroad on a short assignment (2 years)

You can choose to stay insured in your **home country** (the one from which you have been posted - which is responsible for your social security coverage).

Ask your home-country healthcare authority for an [S1 form \(formerly the E 106\)](#). This will entitle you and your family to **healthcare** during your stay. Give the S1 form to the host-country healthcare authority on arrival.

### A Civil Servant Seconded Abroad

If you are a civil servant seconded abroad, you are entitled to medical treatment in the country where you live. For this purpose, you will need to request an [S1 form \(formerly the E 106\)](#) - certificate of entitlement to healthcare for you and your dependents when you are living outside the country where you are insured) from your health-insurance provider in the country which employs you and submit it to a provider in the country where you work.

### A Student, Trainee or Researcher Abroad

If you go to another EU country for your studies, research work, a work placement or vocational training, you must have comprehensive health insurance in your host country.

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- If you are employed in your host country, you will need to subscribe to a local healthcare scheme there.

Some PhD students may be considered resident workers and can be required to subscribe to the local healthcare scheme or take out private insurance.

- If you are **not employed**, the [European Health Insurance Card](#) could be an option, if you are eligible.
- If you are being sent to a university or research institution, in another EU country for a temporary period by your university or research institute of origin, then you will remain under your home healthcare scheme for the time you are posted. You should apply for the [EHIC card](#), or for an S1 form, before leaving.

Check with the health insurance provider or with National Contact Point in your home country whether they will cover the cost of your healthcare abroad for the full duration of your stay!

As long as your home health insurance covers you during your stay abroad, administrative procedures can be simpler if you have a valid EHIC.

Some national health insurers will however only cover the costs of your healthcare in another country for a limited time; this is often the case for mature students (older than 28 or 30) and workers on training abroad. If this is the case for you, you will need to register for state healthcare in your host country or to take out private health insurance.

Thanks to the EU Commission for this information.

**By Myra Azzopardi Swainson**

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